

Southern NSW Local Health District Community Mental Health Services

Community Mental Health teams provide specialist mental health care in the community for people who experience acute and severe mental health illnesses and/or who have significant levels of risk to themselves or others. People with less acute conditions are seen by other services within the wider mental health system, including GPs, private practitioners and community managed organisations.

Community Mental Health teams treat people in the community, helping them manage their condition in their own environment, close to family and carers, social support networks and workplaces.

The Community Mental Health service is divided into three sub-specialties: Child and Adolescent services (working with people aged 2-17 years), Adult services (working with people aged 18-64 years), and Older Persons services (working with people aged 65+ years).

Additional services are provided by Community Managed Organisations (CMOs), who are contracted across Local Health District to provide a range of consumer and carer support services.

Community Mental Health teams provide services from Monday to Friday, 08.30am until 5:00pm. If you have any questions or enquiries, please contact your local team.

Bega Valley

Community Mental Health South East Regional Hospital (SERH)

Level 2, 4 Virginia Drive,
Bega NSW 2550
Phone: 02 6491 9300

Eurobodalla

Community Mental Health

Moruya Community Health Service
River Street, Moruya NSW 2537
Phone: 02 4474 1561 (Moruya)
02 4475 7200 (Narooma)
02 4475 1620 (Batemans Bay)

Goulburn/Yass

Community Mental Health

130 Goldsmith Street,
Corner Goldsmith & Faithful,
Goulburn NSW 2580
Phone: 02 4827 3257 (Goulburn)
02 6220 2108 (Yass)

Queanbeyan/Cooma

Community Mental Health

Queanbeyan Hospital,
Cnr Collet & Erin Streets,
Queanbeyan NSW 2620
Phone: 02 6150 7070 (Queanbeyan)
02 6455 3307 (Cooma)

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